

Books, publications and cassettes for children & young people and those working with them

Updated 4 February 2008



For under 7's		
Badger's Parting Gifts Susan Varley. Coloured illustrations. Wise old badger dies and the other animals miss him, but he lives on in all they learned from him. 2002. 32pp. Pb	B00016	£5.99
The Goodbye Boat Mary Joslin. A story, mainly in pictures, about two children saying goodbye forever to a loved grandmother, who sails away to "somewhere new". Powerful illustrations express the sadness, but the ending is hopeful. 2005. 24pp. Pb	T00280	£5.99
Granpa John Burningham. A little girl's happy relationship with her grandfather, who dies at the end of the book. Gently told with simple words and delightful illustrations. 1989. Pb. 32pp.	G00111	£5.99
Remembering Mum Ginny Perkins & Leon Morris. Sam's and Eddy's mum died and they and their dad find positive ways to remember her. Coloured photos. For ages approx. 3-10. 1991. Pb. 29pp.	R00221	£7.99
Waterbugs and Dragonflies Doris Stickney. Black/white illustrations (can be coloured by child). The dragonfly life cycle told as a story. Short, simple ending with a separate section for parents, including a Christian interpretation and a prayer if required. 1984 Pb. 23pp	W00296	£2.00
For 8 –13 year olds		
Becky Bananas: 'This Is Your Life' Jean Ure. 11-year old Beck has leukaemia, but is full of fun and lives her short remaining life to the full with family and friends. Realistic and humorous. Illustrated. 1997 Pb. 176pp	B00043	£4.99
Charlotte's Web E.B. White. The adventures of Fern, her pet pig and others on the farm. Central to it all is Charlotte the spider who dies when her babies are born. A classic. 1952. Pb. 175pp	C00047	£6.99
What on Earth Do You Do When Someone Dies? By Trevor Romain. Thoughtful, straightforward answers to questions about the loss of a loved one, covering all the main issues. A real child's-eye view with lively, sensitive illustrations. Could also be read to younger children. 72pp.	W00323	£5.99
For teenagers		
After Someone Dies A popular Cruse booklet about death, bereavement and grief for young people. 6pp. Pb	A00026	*Free
Dance on My Grave Aidan Chambers. In the summer of his 16th birthday, Hal falls in love with another boy who tragically dies. Pb. 256pp	D00082	£5.99
Facing Grief. Bereavement and the Young Adult Susan Wallbank Written for those aged around 18-28, this frank, sensible book deals with grief and with specific losses such as grandparent, parent, brother, sister, partner, friend or baby. 1991. Pb. 125pp.	F00096	£15.00
Healing Your Grieving Heart. 100 Practical Ideas for Teens Alan Wolfelt. A short American book for teenagers, with 100 simple tips for understanding and expressing feelings of grief after someone you love has died. 128pp. Pb	H00132	£10.50

My Father Died Susan Wallbank. A Cruse counsellor speaks directly to older children and teenagers about feelings and problems after the death of a father. Revised 1998.	M00175	£2.00
My Mother Died Susan Wallbank. A Cruse counsellor speaks directly to older children and teenagers about feelings and problems after the death of a mother. Revised 1998.	M00176	£2.00
Walk Two Moons Sharon Creech. Award-winning novel about Sal, whose mother depressed after a stillbirth, left home and died in an accident. Sal's grandmother also dies in this story of suppressed grief with a thriller angle. 1994. Pb. 244pp	W00315	£4.99
When Someone Dies: Help for Young People Coping with Grief Dwaine Steffes. Available only from Cruse. Practical, sympathetic guide to the often confusing feelings and difficulties young people may experience when grieving. Companion booklet for teachers also available. 1997. Pb. 24pp	W00310 W00318	£2.95 £3.50 (welsh)
For parents and carers		
Caring for Bereaved Children Mary Bending. Children feel grief but often show it differently from adults. For parents, relatives, teachers and others, this concise, best-selling Cruse booklet offers insight into a child's grief, and suggests ways of helping. Covers age groups from birth up to and including adolescence.	C00046	£2.00
Has Someone Died? Helping Children A popular Cruse booklet for anyone helping a child who has been affected by death. 6pp. Pb	H00130	*Free
Resources for professionals working with children		
Bereavement Care series Packs of selected articles from Bereavement Care Journal Children and Adolescents (no 2) Bereavement in schools and residential care (no 3) Counselling Bereaved Children and Families (no 5) For a complete list please see for those professionally involved in bereavement	B00021 B00022 B00024	£6.80 £6.80 £6.80
Books and Workbooks		
Children and Grief: When a Parent Dies J William Worden. Presents new research from the USA on the mourning process of 125 school-age children over a two-year period, discusses the implications for those helping them, and compares the loss of a parent with other types of loss. 1996. Hb. 225pp.	C00078	£30.50
Counselling Children: A Practical Introduction Kathryn & David Geldard. A child psychotherapist and psychologist teach specific counselling skills for use with children. Includes worksheets and guidance on play and activities. 1997. Pb. 227pp	C00073	£19.99
Draw on Your Emotions Margot Sunderland & Philip Engleheart. Non-verbal counselling tool with structured, easy-to-do picture exercises to help people of all ages express and deal more effectively with their emotions. 136pp. Wire-bound.	D00083	£32.99
Good Grief 1. Teacher's Pack. Exploring Feelings: Loss and Death with under 11's Barbara Ward For primary schools and teachers. Very popular.	G00106	£29.95
Good Grief 2. Teacher's Pack. Talking and Learning about Loss and Death. Barbara Ward. 2nd edn 1995. For secondary schools and FE colleges. Very popular.	G00107	£29.95

Grief in Children. A Handbook for Adults. Atle Dyregrov A short, practical book for teachers, social workers and counsellors. Recommended. 1991. Pb. 144pp	G00109	£13.95
Helping Children Cope with Separation and Loss Claudia Jewett. 2nd edn 1994. Includes AIDS, sibling loss and suicide.	H00124	£16.95
Interventions with Bereaved Children Susan Smith & Margaret Pennells. Wide range of practical ideas for individual, family, group and whole-school work from a variety of experienced practitioners. 1997. Pb. 352pp.	I00142	£22.99
Separation: Anxiety and Anger John Bowlby. The 2nd volume in his seminal work 'Attachment and Loss', on the importance of the parental relationship to mental health. 1973. Pb. 503pp.	S00249	£12.99
Talking with Children and Young People About Death and Dying. A Workbook Mary Turner. Illustrated. A medium for adults to help bereaved children and young people to communicate their emotions, fears and dreams. 1998. Pb. 162pp.	T00278	£19.99
The 'Drawing out Feelings' series Workbooks for children to draw pictures about their feelings under the guidance of a professional over a period of time. Offers an organised approach to helping 6-12 year olds with feelings resulting from family loss and change. 1. When Someone Very Special Dies 2. When Someone Has a Very Serious Illness 3. When Something Terrible Happens	W00302 W00303 W00304	£7.99 £7.99 £7.99
Facilitator Guide For 'Drawing out Feelings' Guide for professionals using the workbooks above. Includes ideas for six structured sessions with grieving children. 1992. Spiral-bound. 111pp.	F00098	£17.95
When Someone Dies: How Schools Can Help Bereaved Students Dwaine Steffes. Available only from Cruse. A teacher and children's counsellor explains common emotional responses to grief and its likely effects on young people, and suggest how teachers can help when death affects a school community. Companion booklet to 'When Someone Dies: help for young people coping with grief' 1997. Pb. 20pp.	W00311 W00319	£2.95 £3.50 (welsh)

** Single copies of these titles are sent free of charge.*

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