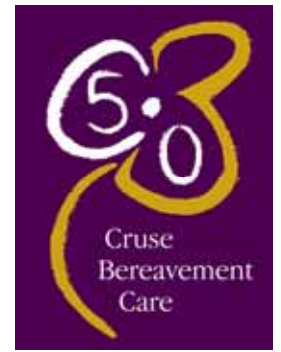


Cruse Bereavement Care Golden Jubilee Conference 2009



Cruse: 50 Years - Restoring Hope

Join us in celebrating our 50th Anniversary with a stimulating programme of plenaries, seminars and workshops set in the scenic grounds of the University of Warwick...



Thursday July 16th & Friday July 17th Highlights include:

Inspirational keynote plenary speakers

- **Prof. Robert Neimeyer**, Professor of Clinical Psychotherapy at the University of Memphis, USA
- **Brett Kahr**, Senior Clinical Research Fellow in Psychotherapy & Mental Health at the Centre for Child Mental Health in London and Visiting Clinician at the Tavistock Centre for Couple Relationships, Tavistock Institute of Medical Psychology
- **David Trickey**, Chartered Consultant Clinical Psychologist and Accredited Expert Witness with extensive clinical experience working with Children and Families
- A range of specialist seminars including: Children & Bereavement; Group Supervision in the Helping Professions; Working with the Terminally Ill; Supporting Service Families; Violent Death; Older People and Bereavement; Children & Young People's Panel: Ask the Experts; Alzheimer's & Bereavement; Bereavement and the Media; Intervening in Meaning: *Process Interventions for the Grief Therapist*; Anger and Guilt after Bereavement: Individual, Familial and National Implications; Supporting those who lose a partner when young; Bereavement & Medication.
- A series of workshops based on alternative therapies such as Meditation, Yoga and Intuitive Painting.
- Excellent opportunities for networking within the beautiful grounds of the University of Warwick
- First-class accommodation
- Cruse bookshop will be open for delegates

"A great mixture of brilliant workshops and plenaries!"

"It was life affirming!"
2008 Conference delegate

Visit www.cruse.org.uk for further details

Email: conference@cruse.org.uk Tel: 020 8939 9532

Cruse Bereavement Care is the UK's leading bereavement charity. The organisation provides support and offers information, advice, education and training services. Cruse is consulted by all relevant government departments and other organisations whose policies affect bereaved people.



In addition to its excellent conference facilities, the University Campus has a wide variety of bars, cafes and shops offering delegates a chance to relax and unwind in a convivial atmosphere. Cruse Conference facilities are located within walking distance of each other.



Accommodation is situated within the University Campus, a 15-20 minute walk from the main conference room. Delegates will stay in a private room with an en-suite bathroom and benefit from excellent facilities including free internet access (delegates wishing to use this facility will need an Ethernet cable to enable access which can be purchased from Rootes Reception). Delegates will have full use of the 700 acre campus, an area with beautiful walks. Free access to the sporting facilities will be available on presentation of a room key. Disabled facilities include: ground floor parking spaces (no lifts in multi-storey car park) ground floor accommodation and lifts to all floors except in the residential areas. Hearing loop available in all conference rooms in the Ramphal Centre.

Who should attend?

Anyone who works with bereaved people, or has an interest in bereavement, including:

- Healthcare Professionals (PCTs & SHAs)
- Family Liaison Officers
- PALS Officers
- Care Home professionals
- Hospice staff
- Funeral Directors
- Bereavement Services Officers
- Housing Association Officers
- Pension Service professionals
- Local Children's Authorities staff
- Bereavement Organisations staff
- Cruse Volunteers and Staff

Programme timings

Thursday 16th July

9:30-10:30	Registration
10:45-11:00	Opening Address: Colin Murray Parkes
11:05-12:35	First Plenary: Robert Neimeyer
12:50-13:50	Lunch
14:10-15:40	Second Plenary: David Trickey
15:40-16:15	Tea break
16:15-17:45	Seminars/workshops
17:45-18:30	Free time
18:30-19:30	Reception <i>Bereavement Care</i>
19:30	Dinner

Friday 17th July

9:30-11:00	Seminars/workshops
11:00-11:30	Coffee
11:30-13:00	Seminars/workshops
13:00-14:00	Lunch
14:30-16:00	Third Plenary: Brett Kahr
16:00-16:30	Closing session and tea

Keynote Speakers

Further details online at www.cruse.org.uk

Thursday 16th July

First Plenary: *Loss, Grief and the Quest for Meaning*

Prof. Robert Neimeyer

Robert Neimeyer is Professor and Director of Psychotherapy Research in the Department of Psychology, University of Memphis, where he also maintains an active clinical practice. Since completing his doctoral training at the University of Nebraska in 1982, he has published 20 books, including *Meaning Reconstruction and the Experience of Loss*, and *Lessons of Loss: A Guide to Coping*, and serves as Editor of the journal *Death Studies*. The author of over 300 articles and book chapters, he is currently working to advance a more adequate theory of grieving as a meaning-making process, both in his published work and through his frequent professional workshops for national and international audiences. Professor Neimeyer served as a member of the American Psychological Association's Task Force on End-of-Life Issues, and Chair of the International Work Group for Death, Dying, & Bereavement. In recognition of his scholarly contributions, he has been granted the Eminent Faculty Award by the University of Memphis, made a Fellow of the Clinical Psychology Division of the American Psychological Association, and given the Research Recognition Award by the Association for Death Education and Counselling.

Professor Neimeyer will be discussing the ways in which the experience of loss and bereavement can disrupt and transform the assumptions that help people to make meaning of their lives.

Second Plenary: *Restoring Hope in Traumatically Bereaved Children and Young People*

David Trickey

David Trickey is a consultant clinical psychologist and an accredited expert witness. He has extensive clinical experience working with children and families and specialises in working with complex trauma and traumatic bereavement. In addition to direct work with children and families, he offers consultation and supervision to other professionals, provides teaching and training for various professional groups, has presented at national and international conferences including a number of keynote addresses and supervises doctoral research. He acts as an expert advisor to police and as an expert witness in civil and criminal cases, particularly in the areas of trauma, bereavement and child testimony. He has worked as a child psychologist in the NHS for 15 years, spending 6 years at the Traumatic Stress Clinic (now part of Great Ormond Street Hospital) and is currently the Lead Consultant Paediatric Psychologist at Leicester Royal Infirmary.

David Trickey will be discussing the ways in which the traumatic nature of a death can obstruct the grieving process and looking at ways of supporting children who are traumatically bereaved.

Friday 17th July

Third Plenary: *On not being Shakespeare, Mozart, or Picasso: Inhibitions of Creativity as a Form of Loss and Bereavement*

Brett Kahr

Brett Kahr is Senior Clinical Research Fellow in Psychotherapy and Mental Health at the Centre for Child Mental Health in London and a Visiting Clinician at the Tavistock Centre for Couple Relationships at the Tavistock Institute of Medical Psychology. A psychotherapist with over thirty years of experience in the field, he also holds the Winnicott Clinic Senior Research Fellowship at the Winnicott Clinic of Psychotherapy, and he is the Consultant Psychologist at the John Bowlby Centre. He is the author of six psychology books, including, most recently, *"Sex and the Psyche"* a study of the traumatic origins of sexual fantasy, published by Penguin Books. A frequent broadcaster, he has been the Resident Psychotherapist on B.B.C. Radio 2 and he has hosted several television programmes, including the four-part B.B.C. series *"Making Slough Happy"*. He maintains a private practice for individuals and couples in Hampstead, North London.

Brett Kahr will be exploring the way in which creative inhibitions can be experienced and interpreted as a form of grief and loss.



A Children and Bereavement: *Too Young to Grieve?*

Julie Stokes, OBE, Winston's Wish & Liz Koole, Senior Practitioner, Winston's Wish

This seminar will explore ways of working with the families of children who have been bereaved very young.

B Group Supervision in the Helping Professions

Robin Shohet, Supervisor & Trainer, Centre for Supervision & Team Development, Co-author of Supervision in the Helping Professions

An introduction to some simple group supervision techniques enabling people in the helping professions to work collaboratively.

C Working with the Terminally Ill

Maggie Fisher, Psychotherapist & Part-time Macmillan Community Nurse Specialist

A seminar offering insights into how to work with people approaching the end of their lives.

D Service Families

Jenny Green, OBE, Armed Forces Bereavement Project Manager, Cruse

Frank Parkinson, Consultant, Trainer & University Lecturer in the field of stress & trauma

This seminar explores problems of bereavement following a death in the Armed Services, the potential impact on partners and families and implications for those helping them.

E Violent Death

Dr Janet Mackenzie

This seminar will consider the key issues faced by those who are supporting people bereaved by murder or manslaughter.

F Older People and Bereavement

Speaker to be confirmed

This seminar will explore the particular difficulties faced by bereaved elderly people and looks at how best to support them.

G Children & Young People's Panel: *Ask the Experts*

Elaine Roub, Regional Coordinator of Children's & Young People's Services, Cruse Northern Ireland

A group of young people who have played a key role in the development of Cruse CYP services in NI will share their experiences of bereavement to illuminate how best to support children and young people faced with the loss of a family member or friend.

H Alzheimer's and Bereavement

Barbara Pointon, Former Carer; Ambassador for Alzheimer's Society & Admiral Nurses (TV documentary Malcolm & Barbara: Love's Farewell)

For those caring for someone with Alzheimer's the death of a loved one is often experienced as the final loss in a series of losses. This seminar offers an insight into the potential implications of this on the grieving process.



I Bereavement and the Media

Trevor Barnes, Journalist & Reporter (BBC Radio 4)

This seminar explores how the topic of bereavement is dealt with by national press and broadcast media and how to work proactively with the media.

This seminar is 3 hours long and will use both slots on 17/07/09

J Intervening in Meaning: Process Interventions for the Grief Therapist

Prof. Robert Neimeyer, University of Memphis, USA

This seminar considers the role of grief therapy in helping bereaved clients process and articulate the personal transformations resulting from bereavement.

K Anger and Guilt after Bereavement: Individual, Familial & National Implications

Dr Colin Murray Parkes, OBE, Life President, Cruse Bereavement Care

A seminar focusing on the causes and consequences of anger and guilt following bereavement and how these emotions can complicate the grieving process.

L Supporting those who lose a partner when young

Paul Hutt, Committee member, The WAY Foundation (Widowed and Young)

Caroline Doughty, Committee member, The WAY Foundation

This seminar outlines the issues that particularly affect those who lose their partners when young and discusses the support available to those who are both 'widowed' and young.

M Bereavement & Medication

Annabel Price, Clinical Lecturer in Palliative Care Liaison Psychiatry, King's College London, Institute of Psychiatry

This seminar will explore whether there is any evidence for using pharmacotherapy for the management of bereavement and if so what is recommended.

N Yoga Workshop

Sandi Bottone, Vice Chair of the British Wheel of Yoga

A yoga class geared to helping you stretch and relax and providing a taster for those new to yoga. The emphasis will be on creating a general feeling of wellbeing.

O Intuitive Painting Workshop

Heather Fawcett, Artist

A hands-on taster of a unique way of painting purely for the painting journey

P Healing with breathing, meditation and sound

Maria Alicia Ferrera-Pena, Chair of Conference Planning Committee

Pam Keane, Conference Planning Committee

A workshop focusing on relaxation and meditation techniques to help manage stress and anxiety.

Workshop & Seminar Booking Form

Further details online at www.cruse.org.uk



Please ✓ your 1st, 2nd and 3rd choice of workshop/seminar for each day. NB all sessions are 1.5 hours long except for option J which is 3 hours long.

Thursday 16th July		Workshop/Seminar Choice		
	Seminar/Workshop: 16:15–17.45	1st	2nd	3rd
A	Children & Bereavement: <i>Too Young to Grieve?</i>			
B	Group Supervision in the Helping Professions			
C	Working with the Terminally Ill			
D	Service Families			
E	Violent Death			
F	Older People and Bereavement			
G	Children & Young People's Panel: <i>Ask the Experts</i>			
H	Alzheimer's and Bereavement			
I	Bereavement & The Media			
N	Yoga			
O	Intuitive Painting			
P	Healing with breathing, meditation and sound			
Friday 17th July				
NB Option J is a 3 hour seminar and will use both slots				
	Seminar/Workshop: Slot One 09:30-11:00	1st	2nd	3rd
B	Group Supervision in the Helping Professions			
E	Violent Death			
G	Children & Young People's Panel: <i>Ask the Experts</i>			
H	Alzheimer's and Bereavement			
I	Bereavement & The Media			
J	Intervening in Meaning: <i>Process Interventions for the Grief Therapist</i>			
K	Anger & Guilt after Bereavement: Individual, Familial & National Implications			
M	Bereavement & Medication			
N	Yoga			
O	Intuitive Painting			
	Seminar/Workshop: Slot Two 11:30-13:00	1st	2nd	3rd
C	Working with the Terminally Ill			
D	Service Families			
E	Violent Death			
F	Older People and Bereavement			
I	Bereavement & The Media			
L	Supporting those who lose a partner when young			
M	Bereavement & Medication			
N	Yoga			
P	Healing with breathing, meditation and sound			

Conference Booking Form

Title: _____ Forename: _____ Surname: _____

Job title: _____

Organisation: _____

Address: _____

_____ Postcode: _____

Telephone: _____

Email (please print): _____

Full Conference & Overnight Stay — Two day pass including entry to plenaries, seminars and selected workshops en-suite private accommodation for one night, breakfast, lunch and dinner plus refreshments throughout the event.

Delegate rate £430

Cruse Volunteer rate £310

Day Delegate — The day pass includes entry to the plenaries, seminars and workshops and lunch.

Thursday (09:30-18:30)

Friday (09:30-16:30)

Delegate rate £194.50

Delegate rate £194.50

Cruse Volunteer rate £134.50

Cruse Volunteer rate £134.50

Early bookings before 15th May will be entitled to the following discounted rates

Full Conference & Overnight Stay — Two day pass including entry to plenaries, seminars and selected workshops, en-suite private accommodation for one night, breakfast lunch and dinner plus refreshments throughout the event.

Delegate rate £350

Cruse Volunteer rate £250

Day Delegate — The day pass includes entry to the plenaries, seminars and workshops and lunch.

Thursday (09:30-18:30)

Friday (09:30-16:30)

Delegate rate £152.50

Delegate rate £152.50

Cruse Volunteer rate £102.50

Cruse Volunteer rate £102.50

CREDIT CARD DETAILS PESE DEBIT MY MASTERCARD/VISA/SWITCH CARD

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Start Date

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Expiry Date

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Security Code

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Switch/Solo issue
No.

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Signature _____

I enclose a cheque payable to Cruse Bereavement Care for the amount of £ _____

Please debit £ _____ from my Mastercard/Visa/Switch

Conference administration, Cruse Bereavement Care, PO Box 800, Richmond, Surrey, TW9 1RG

Email: conference@cruse.org.uk Tel: 020 8939 9532 Website: www.cruse.org.uk

Conference fees are non-refundable

Booking deadline June 30th 2009

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