

Directions

St Christopher's Hospice is only 15 minutes away by train from London Bridge station and is well serviced by transport links, main highway routes and buses.

By Bus

Routes 176 and 197 stop outside the hospice.

Routes 122, 202 227 pass the ends of Lawrie Park Road.

Route N3,75, 194 and 306 stop within 10-15 minute walk of the Hospice.

Bus route maps can be viewed at <http://journeyplanner.tfl.gov.uk>

By Train

The nearest train stations are Sydenham (*not Sydenham Hill*) and Penge East.

London Bridge to Sydenham trains leave London every 15 minutes.

*Victoria to Penge East trains leave London twice an hour. Return trains to London leave Penge East every 15 minutes.

* NOTE When arriving at Penge East from Victoria, cross over the footbridge, turn right out of the station and follow Station Road to the High Street. Turn right, under the railway bridge and take the first turning on the right into Lawrie Park Road.

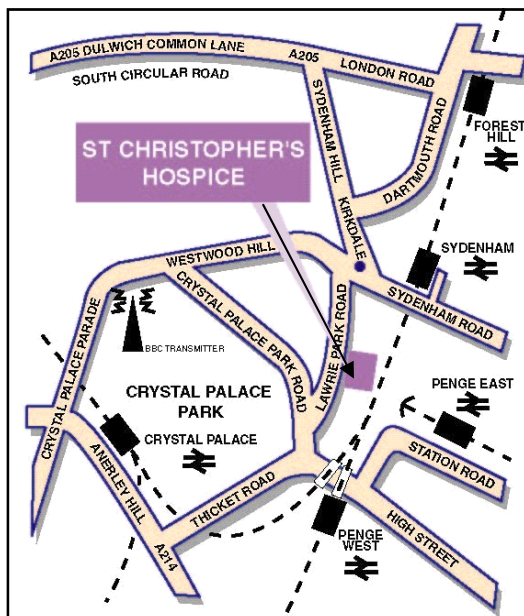
By Road

There is unrestricted parking in adjoining residential roads.

All timings and instructions are correct at the time of print however it is strongly recommended that delegates check all travel arrangements before they begin their journey. Details of all London travel can be found at: <http://journeyplanner.tfl.gov.uk>

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London
SE26 6DZ

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Bookshop

Contact the bookshop for key material on all aspects of palliative care.

Phone the Librarian : 0208 768 4660, email: d.brady@stchristophers.org.uk.

Or visit our website www.stchristophers.org.uk/bookshop.

You will find annotations of all material in the shop as well as details on how to order by post

Depression

In end of life care and bereavement

COLIN MURRAY PARKES OPEN MEETINGS

This series of open meetings, chaired by Dr Colin Murray Parkes, covers psycho-social aspects of the care of patients and their families presented by leading figures in the field.

5 November 2009

Cost: £90

9.45—16.00

Code: CMP1109

The Education Centre,
St Christopher's Hospice

Book Online:
www.stchristophers.org.uk/bookingform



Dr Colin Murray Parkes, OBE, MD, FRCPsych



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www.stchristophers.org.uk/education
Email: education@stchristophers.org.uk

Depression

FACILITATOR

Colin Murray Parkes, OBE, MD, FRCPsych

Emeritus Consultant Psychiatrist to St Christopher's Hospice and Life President of Cruse Bereavement Care.

SPEAKERS

Dr Tirril Harris, *Senior Research Fellow, Psychiatry and Psychological Medicine, King's College London*

Nigel Hartley, *Director of Supportive Care, St Christopher's Hospice*

Professor Matthew Hotopf, *Professor of General Hospital Psychiatry, Institute of Psychiatry; Honorary Consultant Psychiatrist, St Christopher's Hospice*

Professor Mari Lloyd-Williams, *Professor of Palliative Medicine and Director of Academic Palliative and Supportive Care Studies Group at University of Liverpool*

WHO SHOULD ATTEND?

- Doctors and Nurses in palliative and end of life care
- Counsellors, Psychologists, Social Workers
- Psychiatrists
- Bereavement Co-ordinators and Workers
- Allied Health Professionals
- Chaplains and Spiritual Care professionals
- Care Home staff

Depression, both in its lay and psychiatric meaning, is distinct from grief and other emotional reactions to illness and bereavement. It remains one of the most common and distressing problems met with in palliative and bereavement care. While it has been widely assumed that antidepressants are 'the answer', recent studies have suggested that, except in the severest cases, antidepressants are little better than placebos.

Kirsch et al, 2008

ABOUT THIS SESSION

On this day distinguished professionals, each of whom has carried out clinical work and research into depression, will discuss the likely causes of depression in people in palliative and bereavement care settings and the ways in which they can be helped.

DRAFT PROGRAMME

9.30	ARRIVE, REGISTRATION AND REFRESHMENTS
9.45	Welcome and introduction to the day
10.15	Treating depression in advanced disease <i>Professor Matthew Hotopf</i>
11.15	Treating depression in the family , <i>Dr Tirril Harris</i>
11.45	BREAK
12.00	Assessment of depression in advanced cancer <i>Professor Mari Lloyd-Williams</i>
12.45	Questions to the Panel of speakers
13.00	LUNCH AND BOOKSHOP
14.00	Depression surgery Examples from practice presented by members of audience Panel of speakers led by <i>Dr Colin Murray Parkes</i>
15.00	BREAK
15.15	In the middle of a dark wood' - discovering creative pathways , <i>Nigel Hartley</i>
16.00	CLOSE AND EVALUATION

Book Online:

www.stchristophers.org.uk/bookingform

For more information and Programme:
www.stchristophers.org.uk/education